

3rd Newsletter – March 2024

Objectives of the BE-WELL project

BE-WELL is a transnational project funded by the Erasmus+ programme of the European Union. Our partnership strives to support young employees and vocational educators to deal with mental issues.

Results of the BE-WELL project

We are currently working on three outputs:

- Interactive Micro-Learning Toolkit for Well-being Promotion & MOOC Platform
- Continuous Professional Development Training for Vocational Education Providers
- Policy and Practice Recommendations Report

What has happened recently?

On the 12th, 13th and 14th of March 2024, project managers and/or participants from the seven EU partner countries (Greece, Cyprus, Spain, Ireland, Austria, Bulgaria, and Portugal) met in Graz, Austria, warmly hosted by Auxilium. During the LTTA, participants were informed for the BE- WELL project and its current state but also tested activities of Module 1, 2 and 3. There were also two workshops that were implemented by ACTA and DAFNI KEK, the impact and quality assessment respectively.



Furthermore, support was received from the Spanish stakeholders (Asociación Pro Salud Mental from Zaragoza and the Comarca Central de Zaragoza) as they have participated in the training and will participate in the testing activities at local level as well as, other local stakeholders of the seven EU partner countries.

What are the next steps?

Currently the partners are working hard to pilot nationally the BE-WELL Continuous Professional Development Training for Vocational Education Providers and also to finalise the BE-WELL Policy and Practice Recommendations Report.

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